



This is not a policy.

You can get the policy at www.lifexresearch.com or by calling Benefit Health Plan, Inc at 1-844-580-2474.

A Summary Plan Description has more detail about how to use the plan and what you and your employer must do. It also has more detail about your coverage and costs.

Important Questions	Answers	Why This Matters:
What is the premium ?	The premium is the amount paid for health insurance.	This is only an estimate based on the information you’ve provided. After the insurer reviews your application, your actual premium may be higher, or your application may be denied.
What is the overall deductible ?	Individual: \$1,000 - \$7,250 Family: \$2,000 - 14,500	Please see plan coverage for applicable deductible level chosen.
Are there other deductibles for specific services?	No.	
Is there an out-of-pocket limit on my expenses?	Individual: \$10,600 Family: \$21,200	The out-of-pocket limit is the most you could pay during a policy period for member accumulated deductible and copays / your share of the cost of covered services. Maximum out-of-pocket for services beyond the plan visit limits = unlimited.
What is not included in the out-of-pocket limit ?	Premium, balanced-billed charges, and health care visits beyond the plan visit limit.	Contributions to those mentioned in the answers section do not count toward the out-of-pocket limit .
Is there an overall annual limit on what the insurer pays?	No.	The chart starting on page 2 describes any limits on what the insurer will pay for specific covered services, such as office visits.
Does this plan use a network of providers?	Yes. Search your chosen network for a list of participating doctors and hospitals.	If you use an in-network doctor or other health care provider, this plan will pay some or all the costs of covered services. If you use an out-of-network doctor or other health care provider, this plan will not pay for any claims out-of-network . Plans use the term in-network , preferred , or participating for providers in their network. *Some services may be subject to pre-certification.*
Do I need a referral to see a specialist ?	No.	You can see a specialist of your choosing without permission from this plan.
Are there services this plan doesn’t cover?	Yes.	See full plan document for an entire list of not covered services.



Co-payments: Fixed amount you pay for a covered health care service (such as \$50 for primary care or \$50 for specialty care). Usually, you pay at the time you receive the service. In some cases, the copayment applies **after you meet the deductible**.

Co-insurance: Your share of the costs of a covered service, this is calculated as a percentage of the **allowed amount** for the service received. *This plan does not include co-insurance.*

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Participating Provider Cost	Non-Participating Provider	
If you visit a health care provider’s office or clinic	Primary Care visit to treat an injury or illness	\$25 Copay	OON Deductible + Coinsurance	
	Specialist Visit	\$40 Copay	OON Deductible + Coinsurance	No Referral Needed
	Chiropractic Care	\$30 Copay	OON Deductible + Coinsurance	24 Visits/Benefit Year
	Preventative care / Screening / Immunization	\$0 Copay / \$0 Deductible	OON Deductible + Coinsurance	Including but not limited to: Annual Wellness Exams, Labs, Immunizations. See Preventative Care Guide
	Therapies (Physical, Speech, Occupational, Cardiac & Respiratory)	\$40 Copay	OON Deductible + Coinsurance	30 Visits/Benefit Year Combined
	Telemedicine (Through OurLiveDoc ONLY)	\$0 Copay / Unlimited Visits	Not Covered	Primary & Urgent Care, Behavioral Health Call: 940-LIVE-DOC (940-548-3362) to get started
	Urgent Care Office Visit	\$60 Copay	OON Deductible + Coinsurance	
If you have a test	X-Ray Lab	\$100 Copay After Deductible \$25 Copay After Deductible	OON Deductible + Coinsurance	
	Imaging (CT/PET Scans, MRIs)	20% After Deductible	OON Deductible + Coinsurance	Precertification Required

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Participating Provider Cost	Non-Participating Provider	
Emergency Services	Emergency Room Care	20% After Deductible	OON Deductible + Coinsurance	Precertification Required. Please note that for a true medical emergency, any provider may be used.
	Ambulance: Land/Air	20% After Deductible	OON Deductible + Coinsurance	2/Benefit Plan Year Combined
If you have a hospital stay	Facility Fee (e.g. Hospital Room)	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Inpatient Surgical Services	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Associated/Incidental Inpatient Services	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Inpatient Skilled Nursing Facility	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Inpatient Rehabilitation Facility	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Hospice	20% After Deductible	OON Deductible + Coinsurance	Precertification Required 30-day Limit/Lifetime
	Organ Transplant	20% After Deductible	Not Covered	Precertification Required

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Participating Provider Cost	Non-Participating Provider	
If you have outpatient surgery	Outpatient Surgical Fees (Facility)	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Surgery Services	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
	Outpatient Chemotherapy and Radiotherapy	20% After Deductible	Not Covered	Precertification Required
	Infusion/Injection	20% After Deductible	OON Deductible + Coinsurance	Precertification Required
If you become pregnant	Prenatal/Postnatal Office Viist	20% After Deductible	OON Deductible + Coinsurance	
	Room and Board	20% After Deductible	OON Deductible + Coinsurance	
If you have a recovery or other special health need	Home Health Care	20% After Deductible	OON Deductible + Coinsurance	Precertification Required. 60 visits/Benefit Year
	Durable Medical Equipment	20% After Deductible	OON Deductible + Coinsurance	Precertification Required. Limited to 12-month rental or purchase price, whichever is less.
	Allergy Testing/Injections	20% After Deductible	OON Deductible + Coinsurance	

Common Medical Event	Services You May Need	Your Cost If You Use A		Limitations & Exceptions
		Participating Provider Cost	Non-Participating Provider	
If you need drugs to treat your illness or condition (RETAIL PHARMACY) 30-day supply at retail pharmacies. See Formulary.	Preventive Medicine Rx - Generic or Brand	\$0 Copay	OON Deductible & Coinsurance	Mail order required for maintenance medication after initial 30-day supply.
	Generic Drugs - Urgent Rx	\$10 Copay After Deductible	OON Deductible & Coinsurance	
	Generic Drugs - Maintenance Rx	\$10 Copay After Deductible	OON Deductible & Coinsurance	
	Preferred Brand Name Drugs	\$90 Copay After Deductible	OON Deductible & Coinsurance	
	Non-Preferred Brand Name Drugs	\$110 Copay After Deductible	OON Deductible & Coinsurance	
	GLP1 Medication	\$200 Copay After Deductible	OON Deductible & Coinsurance	For qualifying member, not covered for weight loss.
	Specialty Drugs	PAP Available	PAP Available	
If you need drugs to treat your illness or condition (MAIL ORDER OR RETAIL PHARMACY) 90-day supply See Formulary	Preventive Medicine Rx - Generic or Brand	\$0 Copay	OON Deductible & Coinsurance	
	Generic	\$20 Copay After Deductible	OON Deductible & Coinsurance	
	Preferred Brand Name Drugs	\$180 Copay After Deductible	OON Deductible & Coinsurance	
	Non-Preferred Brand Name Drugs	\$220 Copay After Deductible	OON Deductible & Coinsurance	
	GLP1 Medication	\$600 Copay After Deductible	OON Deductible & Coinsurance	For qualifying member, not covered for weight loss.
	Specialty Drugs	PAP Available	PAP Available	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn’t a complete list. Check your policy for others.)		
- Bariatric Surgery - Non-Emergency care when traveling outside of the U.S. - Cosmetic Surgery	- Dental Care (Adult) - Long-term care - Private-duty nursing	- Routine Eye Care (Adult) - Routine Foot Care - Weight loss programs
Other Covered Services (This isn’t a complete list. Check your policy for other covered services and your costs for these services.)		
Chiropractic Care		

Your Rights to Continue Coverage:

You can keep this insurance as long as you pay your premium unless one or more of the following happens:

- You commit fraud
- The insurer stops offering services in the state
- You move outside the coverage area

Your Grievance and Appeals Rights:

- A **grievance** is complaint you have about your plan. You have the right to file a written complaint to express your dissatisfaction or denial of coverage for claims under this health plan. Call 844-580-2474 or visit www.lifexresearch.com.
- An **appeal** is a request for your health insurer or plan to review a decision or a grievance again. For more information on the appeals process, call your state office of health insurance customer assistance at: 844-580-2474 or visit www.lifexresearch.com.

Does this Coverage Provide Minimum Essential Coverage?

The ACA (Affordable Care Act) requires most individuals to maintain health care coverage that qualifies as MEC (Minimum Essential Coverage). This health coverage meets the MEC (Minimum Essential Coverage) requirements.

Does this Coverage Meet the Minimum Value Standard?

The ACA (Affordable Care Act) establishes a minimum value standard for health coverage benefits. This standard requires health coverage to have an actuarial value of at least 60%. This health coverage does meet the minimum value standard for the benefits it provides.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how these benefits might cover medical care in these situations. Use these examples to see, in general, how much protection you might get from different health benefits.



This is not a cost estimator.
Don't use these examples to estimate your actual costs under this coverage. The actual care you receive will be different from these examples, and the cost of that care also will be different.
See the next page for important information about these examples.

HAVING A BABY
(Normal Delivery, In-Network)

- Amount owed to providers: \$18,100
- Plan Pays: \$13,520
- You Pay: \$4,580

Sample Care Costs:

First Office Visit	\$100
Radiology	\$300
Laboratory Tests	\$200
Routine Obstetric Care	\$2,000
Hospital Charges (Mother)	\$14,100
Anesthesia	\$1,000
Circumcision	\$200
Vaccines, Other Preventive	\$200
TOTAL	\$18,100

You Pay:

Deductibles	\$1,000
Copays	\$160
Co-Insurance	\$3,420
Limits or Exclusions	\$0
TOTAL	\$4,580

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

TREATING BREAST CANCER
(Lumpectomy, Chemotherapy, Radiation, In-Network)

- Amount owed to providers: \$98,000
- Plan Pays: \$87,400
- You Pay: \$10,600

Sample Care Costs:

Office Visits & Procedures	\$4,000
Radiology	\$4,000
Laboratory Tests	\$2,400
Hospital Charges	\$3,300
Inpatient Medical Care	\$200
Outpatient Surgery	\$3,400
Chemotherapy	\$64,000
Radiation Therapy	\$13,000
Prostheses (Wig)	\$500
Pharmacy	\$2,000
Mental Health	\$1,200
TOTAL	\$98,000

You Pay:

Deductibles	\$1,000
Copays	\$250
Co-Insurance	\$9,350
Limits or Exclusions	May Apply
TOTAL	\$10,600 (MOOP)

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

MANAGING DIABETES
(Routine maintenance of existing condition. In-network)

- Amount owed to providers: \$7,800
- Plan Pays: \$7,150
- You Pay: \$650

Sample Care Costs:

Office Visits & Procedures	\$960
Laboratory Tests	\$300
Medical Equipment & Supplies	\$40
Pharmacy	\$6,500
TOTAL	\$7,800

You Pay:

Deductibles	\$40
Copays	\$610
Co-Insurance	\$0
Limits or Exclusions	\$0
TOTAL	\$650

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

About these Coverage Examples:

These examples show how these benefits might cover medical care in these situations. Use these examples to see, in general, how much protection you might get from different health benefits.



This is not a cost estimator.
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See the next page for important information about these examples.

HAVING A BABY
(Normal Delivery, Out-of-Network)

- Amount owed to providers: \$18,100
- Plan Pays: \$11,970
- You Pay: \$6,130

Sample Care Costs:

First Office Visit	\$100
Radiology	\$300
Laboratory Tests	\$200
Routine Obstetric Care	\$2,000
Hospital Charges (Mother)	\$14,100
Anesthesia	\$1,000
Circumcision	\$200
Vaccines, Other Preventive	\$200
TOTAL	\$18,100

You Pay:

Deductibles	\$1,000
Copays	\$0
Co-Insurance	\$5,130
Limits or Exclusions	\$0
TOTAL	\$6,130

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

TREATING BREAST CANCER
(Lumpectomy, Chemotherapy, Radiation, Out-of-Network)

- Amount owed to providers: \$98,000
- Plan Pays: \$77,700
- You Pay: \$20,300

Sample Care Costs:

Office Visits & Procedures	\$4,000
Radiology	\$4,000
Laboratory Tests	\$2,400
Hospital Charges	\$3,300
Inpatient Medical Care	\$200
Outpatient Surgery	\$3,400
Chemotherapy	\$64,000
Radiation Therapy	\$13,000
Prostheses (Wig)	\$500
Pharmacy	\$2,000
Mental Health	\$1,200
TOTAL	\$98,000

You Pay:

Deductibles	\$1,000
Copays	\$0
Co-Insurance	\$19,300
Limits or Exclusions	May Apply
TOTAL	\$20,300 (MOOP)

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

MANAGING DIABETES
(Routine maintenance of existing condition. Out-of-network)

- Amount owed to providers: \$7,800
- Plan Pays: \$6,100
- You Pay: \$1,700

Sample Care Costs:

Office Visits & Procedures	\$960
Laboratory Tests	\$300
Medical Equipment & Supplies	\$40
Pharmacy	\$6,500
TOTAL	\$7,800

You Pay:

Deductibles	\$1,000
Copays	\$610
Co-Insurance	\$90
Limits or Exclusions	\$0
TOTAL	\$1,700

RESPONSIBLE FOR ALL COPAYS, DEDUCTIBLE, AND COINSURANCE

Questions and Answers about Coverage Examples:

Question	Answer
What are some of the assumptions behind the Coverage Examples?	- Costs don’t include premiums. - Sample care costs are based on national averages supplied to the U.S., Department of Health and Human Services (HHS) and aren’t specific to a particular geographic area or health plan. - Patient’s condition was not an excluded or preexisting condition. - All services and treatments started and ended in the same policy period. - There are no other medical expenses for any member covered under these benefits. Out-of-pocket expenses are based only on treating the condition in the example. - The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.
What does a Coverage Example Show?	For each treatment situation, the Coverage Example helps you see how deductibles, co-payments, and co-insurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn’t covered or payment is limited.
Does the Coverage Example predict my own care needs?	No. Treatments shown are just examples. The care you would receive for these conditions could be different, based on your doctor’s advice, your age, how serious your condition is, and many other factors.
Does the Coverage Example predict my future expenses?	No. Coverage examples are not cost estimators. You can’t use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Questions and Answers about Coverage Examples:

Question	Answer
Can I use Coverage Examples to compare plans?	Yes. When you look at the Summaries of Coverage for other coverage, you’ll find the same coverage examples. When you compare benefits, check the “You Pay” box for each example. The smaller that number, the more coverage provided.
Are there other costs I should consider when comparing plans?	Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you’ll pay in out-of-pocket costs, such as co-payments, deductibles, and co-insurance. You also should consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.